

# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**28  
JAN  
2024**  
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email [parishoffice@northharbourcatholic.org.au](mailto:parishoffice@northharbourcatholic.org.au)



## 4TH SUNDAY IN ORDINARY TIME

His fame spread everywhere throughout the whole region of Galilee. - Mk 1:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

### FIRST READING

Deuteronomy 18:15-20

*The Lord will raise up a prophet like Moses.*

### RESPONSORIAL PSALM

Ps 94:1-2. 6-9. R. v.9

*If today you hear his voice, harden not your hearts.*

### SECOND READING

1 Corinthians 7:32-35

*Devote yourself to the Lord.*

### GOSPEL ACCLAMATION

Matthew 4:16

*Alleluia, alleluia!*

*A people in darkness have seen a great light: a radiant dawn shines on those lost in death.*

*Alleluia!*

### GOSPEL READING

Mark 1:21-28

*Jesus commands an unclean spirit.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am

Sunday, 9am

#### BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.*

#### RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month during the school term.

#### WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday, 8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 6pm

*Adoration to the Blessed Sacrament after Mass on Fridays.*

#### BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.





# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH



[WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR](http://WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR)

2 KING STREET, MANLY VALE 2093 NSW

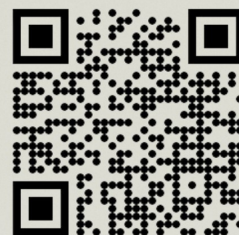


[PARISHOFFICE@NORTHHARBOURCATHOLIC.ORG.AU](mailto:PARISHOFFICE@NORTHHARBOURCATHOLIC.ORG.AU)



(02) 9949 4455

Scan me!



## WHY DO WE DO THAT? Catholic Life Explained

### Question:

I have a friend who receives communion, but who I know for a fact is in a state of mortal sin. Should I tell our priest? Is it my responsibility to say something?

### Answer:

While we may always want to do what is best for our friends and family members, we have a responsibility to respect their privacy and their conscience. In its reflections on the Eighth Commandment ("You shall not bear false witness against your neighbour"), the Catechism of the Catholic Church states, "Respect for the reputation of persons forbids every attitude and word likely to cause them unjust injury. [One] becomes guilty: -of rash judgment who, even tacitly, assumes as true, without sufficient foundation, the moral fault of a neighbour; -of detraction who, without objectively valid reason, discloses another's faults and failings to persons who do not know them; of calumny who, by remarks contrary to the truth, harms the reputation of others and gives occasion for false judgments concerning them" (no. 2477).

We will never truly know what is in a person's mind, heart, and soul; only God knows those things. We should, of course, take our concerns to God and entrust the person about whom we are concerned to God's grace and mercy. If we have concerns about the spiritual well-being of someone with whom we are close, we should go to the person themselves and talk about our fears and concerns. Unless it is a case of abuse or endangerment (which we have a moral and even legal responsibility to report to the appropriate authorities), we ultimately do not have the freedom to share another's persons faults or sins, however good we think our intentions might be.

©LPi

## BRINGING HOME THE GOSPEL

Jesus is listened to because he teaches with authority. The tone of his voice, his inflection, makes people take notice. Projecting that image of authority is important for parents too. I learned that lesson when my oldest son was five.

As a youngster I hated hearing my parents say, "Because I told you so." When my first child was born I resolved that I would never say those words to my children.

It took me five years to realize the importance of developing a voice and look that conveyed those words of absolute authority.

I was feeding two toddlers when my oldest came in the house, accidentally bringing in a huge wasp. Big flying bugs scare me silly, but I knew I could not show panic. I would take care of the wasp—after my children were safely away. I asked Roger Andy to take his brother and sister out of the room. Instead of moving toward them, he sat down and asked me, "Why?" My quick explanation was met with another, "Why?" By the third "Why?", I met his eye, gave him the look, and in a monotone two octaves lower than normal, commanded: "Because I told you so." He grabbed his two siblings and left.

Later, I thanked him for rescuing Kristin and James. I would like to say I proceeded to answer all his questions about wasps, but I didn't (I was never the perfect mom). But I did learn an important lesson that day. There are certain times when a parent needs to speak with attention-getting authority. Make sure one of those times is when you are talking about the gospel—delivered in your everyday voice and without "the look."

### FAMILY RESPONSE:

Discuss the different people of authority in your lives. Help your children understand that even adults have people who have power over them.

### PERSONAL RESPONSE:

How do you respond to authority? Are you careful in how you use your authority over your children?



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## WEEKLY SOCIAL JUSTICE CHALLENGES

Very early on in his public career people were spellbound by Jesus' teachings and recognized that there was something unusually powerful about what he was teaching and how he was teaching. The listeners in the synagogue in Capernaum noticed that Jesus was using his power and authority only for good, in this case, to cast out a demon. They noted the contrast with the way the scribes taught and threw around their authority. This week, think about who in your life wields authority and/or speaks persuasively and moves people to action. Now, consider, are those charismatic people using their power for good, or are they using harmful or hateful words or moving people to do harm to others? Identify those voices in your life whom you trust are speaking with the love, compassion, and mercy of Jesus, and listen to them.



## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## CARE FOR CREATION TIPS

Two hundred thousand Guatemalans were killed between 1960-1996 in a war begun over access to a simple fruit... the banana. Not only has the production of bananas had a huge impact on the people of Guatemala and other Central and South American countries, but it has also negatively impacted the environment in the form of deforestation, soil degradation, erosion, and immense water usage. Consider giving up bananas this week and replacing them with local fruit from your region.



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## SICK CALLS

## AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

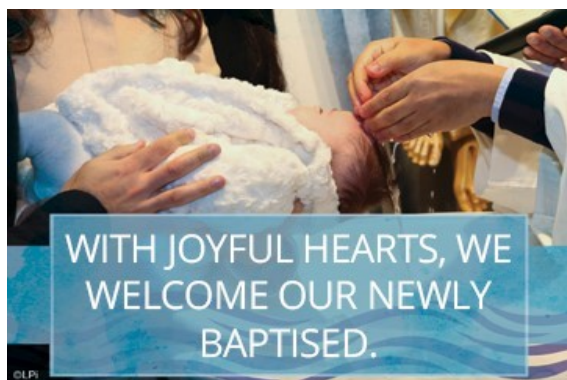
### BUSINESS HOURS:

PARISH OFFICE—9949 4455

### AFTER HOURS:

(Evenings & Weekends)

0490 898 464



**Ashton Kai Malcolm**  
Son of Michael & Emilia

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Greg Keogh, Greg Hyde

### RECENTLY DECEASED:

Carmel King, Jack Clarke, Elizabeth Horne, Patrick Gaffney,  
Bartola Cavalletto Doris Rattos, Jeremy Hession

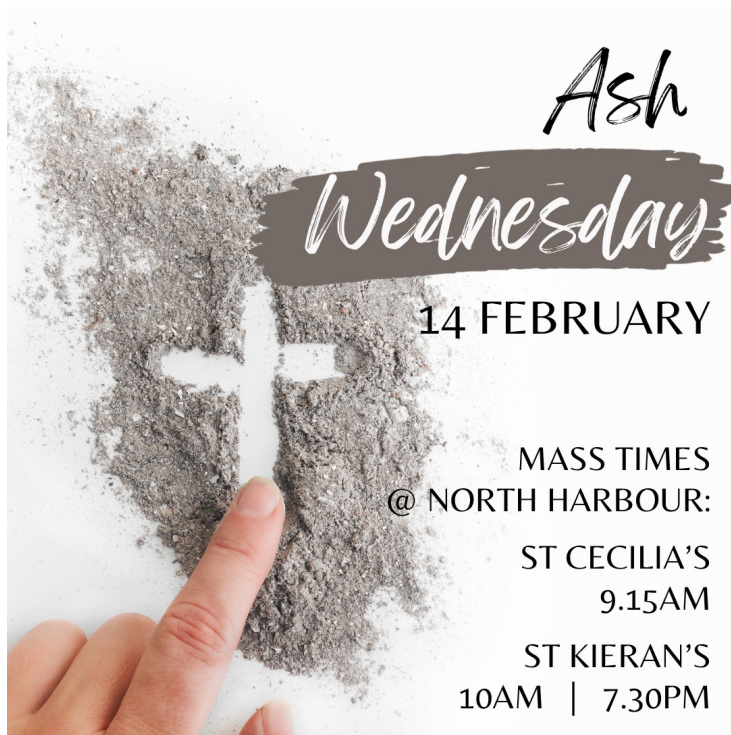
### ANNIVERSARIES:

George Marley, Angelina Taranto

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail  
parishoffice@northharbourcatholic.org.au





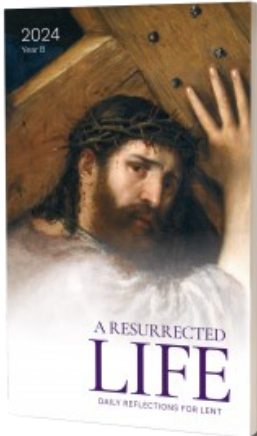
*Ash*  
**Wednesday**  
14 FEBRUARY

MASS TIMES  
@ NORTH HARBOUR:

ST CECILIA'S  
9.15AM

ST KIERAN'S  
10AM | 7.30PM

## LENTEN REFLECTION GROUPS



The Season of Lent this year will commence on 14 February (Ash Wednesday).

We invite you to join the Lenten Reflection Groups that we will organise this year to reflect on the readings of the 5 Sundays of Lent. The resource we will be using is from Evangelisation Brisbane.

Booklets are available in the foyer for \$8 each.

## STATIONS *of the* CROSS

Fridays during Lent  
7.30pm  
St Kieran's Church

February 16, 23  
March 1, 8, 15, 22

All ages welcome.  
Prayer guides provided.



## Hospitality Volunteers Needed

FOR SUNDAY 9:30AM MASSES AT ST KIERAN'S CHURCH

Hospitality at North Harbour Parish will be back this year and we are looking for more volunteers to join this wonderful ministry which will start back on Sunday, 4 February.

The 2024 roster is being finalised and would love to have some new faces join the existing team of volunteers. It is entirely up to you regarding how many times a year you would like to volunteer. The parish would be responsible for providing the morning tea and the volunteers are simply required to set up (15 minutes prior to mass commencing), serve and pack away. As most of you are aware the parish has a great coffee machine, and this too will be back this year. We are more than happy to show the volunteers how to use the coffee machine.

So, if you feel like this is something you can help with, and you would like to become a part of the hospitality team for 2024 or would simply like more information please email or give Adriana a call 0402 099 746 or [albowyer@bigpond.com](mailto:albowyer@bigpond.com).

CATHOLIC COMMUNITY OF NORTH HARBOUR

## CHILDREN'S LITURGY OF THE WORD

### ST CECILIA'S 1ST SUNDAY OF THE MONTH

SUNDAY, 9AM  
4 FEBRUARY  
3 MARCH  
7 APRIL

### ST KIERAN'S 3RD SUNDAY OF THE MONTH

SUNDAY, 9.30AM  
18 FEBRUARY  
17 MARCH





# We Are HIRING

Catholic Community of  
NORTH HARBOUR

## Family & Sacramental Ministry Coordinator

PERMANENT PART-TIME

## Media & Communications Coordinator

PERMANENT PART-TIME

Please email your application to  
[parishpriest@northharbourcatholic.org.au](mailto:parishpriest@northharbourcatholic.org.au)

For enquiries, please contact Fr Michael Belonio, OSA  
on 9949 4455

Applications close on Friday 9 February 2024.

Job Description is available in this link:

<https://www.bbcatholic.org.au/about/contact-us/positions-vacant>



CONGRATULATIONS  
on your 60th Anniversary of  
Ordination to the Sacred  
Priesthood

*Fr. Abel*

18.02.2024

Sun 9.30am Mass  
St Kieran's Church

Bring a plate of food to  
share after Mass.

## Be a CATECHIST

We are in need of teachers for the  
following classes:



### BALGOWLAH HEIGHTS PRIMARY SCHOOL

Kindergarten Class from Term 2 onwards

### SEAFORTH PRIMARY SCHOOL

Year 4 Class of 18

Wednesday, 2:15-2:45pm

### BROOKVALE PRIMARY SCHOOL

Year 5/6 Class of 28

or Kindergarten Class of 10

Friday, 11:25-11:55pm

If interested, contact Ursula Halloway



0423 595 204



[catechist@northharbourcatholic.org.au](mailto:catechist@northharbourcatholic.org.au)



## CATHOLIC COMMUNITY OF NORTH HARBOUR

# ALTAR SERVER TRAINING



Open to parishioners of North  
Harbour in Year 4 through  
high school and have made  
their First Holy Communion.



Are you interested in becoming a

## SENIOR SERVER?

Training will be provided.

Sign-up forms available  
in the foyer.



# Youth MASS

every 2nd Sunday, 6pm  
St Kieran's Catholic Church  
2 King St., Manly Vale 2093 NSW

All welcome!

followed by a sausage sizzle  
& light refreshments

L U R P G R X R C F E D P G Q  
X R V D Y K N B A Q H O L Y N  
L G G S E L D N P U X O N H B  
G D M O S E S A E I G D X O X  
P Y L C K P K Z R E W U G N I  
W W B P I J Z A N T J V N P X  
T R W L O S P R A S K W W O E  
D E S T R O Y E U Z T P M W V  
B N F X S A Z T M Y P M Z E I  
V M V R G K I H S H O O K R L  
M Y J L S T E A C H I N G F N  
R W S W Q Q C P Y M N G L U T  
D S A B B A T H Z X A R A L Q  
A M A Z E D D F I Y E U C X S  
E C Z V R X P D H N D F O Z U

## WORD SEARCH

*Jesus teaches with authority.*

### TRY TO FIND THESE WORDS:

amazed  
Capernaum  
destroy  
evil  
Holy  
Moses  
Nazareth  
powerful  
quiet  
Sabbath  
shook  
teaching

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## Sharing the Gospel

Grass stains. Tomato sauce. Brightly coloured fruit drinks. When these nasty stains stick to your clothes, it is tough to get them out. Regular soap won't work. You need something stronger. Jesus is really strong, too. In today's Gospel, a nasty evil spirit screamed when it saw Jesus. Jesus was so powerful, he cleaned that evil spirit right out.

### Prayer

God, you are much stronger than evil. Nothing is too hard for you to clean.

### Mission

Make a new label for your family's stain pre-treatment bottle. Trace around the bottle, write Mark 1:21-28 in big letters, and decorate your label with a picture of Jesus. Tape your new label to the bottle so you and your parents remember how strong Jesus is. ©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

**SAFEGUARDING**  
is everyone's responsibility



## COLOR

Read the Gospel of the week and color the image.







*Lord, hear me and have mercy. Lord, my God, You are the light of the blind and the strength of the weak, as well as the light of the sighted and the strength of the powerful. Attend to my soul, and hear the one crying from the depths.*

**Confessions 11, 2**

**- St. Augustine of Hippo**

## NEXT WEEKEND (4 FEBRUARY): 5TH SUNDAY IN ORDINARY TIME, YEAR B

### 1<sup>st</sup> Reading

Job 7:1-4. 6-7  
*Life is a drudgery.*

### Responsorial Psalm

Ps 146:1-6. R. v.3  
*Praise the Lord who heals the broken-hearted.*

### 2<sup>nd</sup> Reading

1 Corinthians 9:16-19. 22-23  
*Paul is compelled to preach the Gospel.*

### Gospel Acclamation

Matthew 8:17  
*Alleluia, alleluia!*  
*He bore our sickness, and endured our suffering.*  
*Alleluia!*

### Gospel

Mark 1:29-39  
*Jesus heals Simon's mother-in-law.*

**3 FEB, 5.30PM**

**ST KIERAN'S**

**Senior Server**  
David

#### Readers

Bob  
John, Cecilia

#### Music

Parish Choir

**Communion Min**

Volunteer needed

#### Powerpoint

Volunteer needed

#### Welcomers

Volunteers needed

**4 FEB, 7.30AM**

**ST KIERAN'S**

**Senior Server**  
Jo

#### Readers

Judith  
Jenny

#### Music

None

**Communion Min**

Volunteer needed

#### Powerpoint

Volunteer needed

#### Welcomers

Volunteers needed

**4 FEB, 9AM**

**ST CECILIA'S**

**Senior Server**  
Cecilia

#### Readers

Louise  
Ailis

#### Music

Anushka

**Communion Min**

Volunteer needed

#### Powerpoint

Volunteer needed

#### Welcomers

Julien

**4 FEB, 9.30AM**

**ST KIERAN'S**

**Senior Server**  
Michael

#### Readers

Brian C  
Kate

#### Music

Harvest

**Communion Min**

Volunteer needed

#### Powerpoint

Volunteer needed

#### Welcomers

Volunteers needed

**4 FEB, 6PM**

**ST KIERAN'S**

**Senior Server**  
Marisa

#### Readers

Louise  
Catherine

#### Music

Ben

**Communion Min**

Volunteer needed

#### Powerpoint

Volunteer needed

#### Welcomers

Volunteer needed

## OBSERVANCES FOR THE WEEK OF 28 JANUARY

**Mon 29 Jan:** Monday of the 4th Week in Ordinary Time, Yr 2

**Tue 30 Jan:** Tuesday of the 4th Week in Ordinary Time, Yr 2

**Wed 31 Jan:** St John Bosco, priest

**Thu 1 Feb:** Thursday of the 4th Week in Ordinary Time, Yr 2

**Fri 2 Feb:** The Presentation of the Lord, feast

**Sat 3 Feb:** Saturday of the 4th Week in Ordinary Time, Yr 2

## The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

### Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA

P 02 9949 4455 E [parishoffice@northharbourcatholic.org.au](mailto:parishoffice@northharbourcatholic.org.au) W [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

### Office Hours

9.00am to 4pm (Monday to Friday)

### Parish Churches

**Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW

**Church of St Kieran** 2 King St, Manly Vale 2093 NSW

### Parish Staff

**Parish Priest:** Fr Michael Belonio, OSA E [parishpriest@northharbourcatholic.org.au](mailto:parishpriest@northharbourcatholic.org.au)

**Asst Priest:** Fr Paul Maloney, OSA E [paul.maloney@osa.org.au](mailto:paul.maloney@osa.org.au)

**Asst Priest:** Fr Jumbim Torres, OSA E [jumbim.torres@osa.org.au](mailto:jumbim.torres@osa.org.au)

**Asst Priest:** Fr John Zhang E [john.zhang@northharbourcatholic.org.au](mailto:john.zhang@northharbourcatholic.org.au)

**Parish Manager:** Jacky Worthington E [parishmanager@northharbourcatholic.org.au](mailto:parishmanager@northharbourcatholic.org.au) (Mon, Wed, Thu)

**Parish Secretary:** Jane Filacuridi E [parishoffice@northharbourcatholic.org.au](mailto:parishoffice@northharbourcatholic.org.au) (Mon, Tue, Wed)

**Parish Secretary:** Anne Ross E [parishoffice@northharbourcatholic.org.au](mailto:parishoffice@northharbourcatholic.org.au) (Thu, Fri)

**Sacramental Coordinator:** Janette Davidson M 0408 866 521 E [sacraments@northharbourcatholic.org.au](mailto:sacraments@northharbourcatholic.org.au)

**Catechists (CCD) Coordinator:** Ursula Halloway E [catechist@northharbourcatholic.org.au](mailto:catechist@northharbourcatholic.org.au)

**Music Ministry Coordinator:** Marianne Kaw-Deveza E [musicministry@northharbourcatholic.org.au](mailto:musicministry@northharbourcatholic.org.au)

**Augustinian Brother:** Van Tu Nguyen, OSA E [tunguyen@osa.org.au](mailto:tunguyen@osa.org.au)

### Resident Priests

Fr Hoang-Minh Tan, OSA E [minhtanhoang@yahoo.com.au](mailto:minhtanhoang@yahoo.com.au)

Fr Peter Jones, OSA E [peter.jones@osa.org.au](mailto:peter.jones@osa.org.au) (Prior Provincial)

Fr Abel van der Veer, OSA E [vabelvanderveer@gmail.com](mailto:vabelvanderveer@gmail.com) (Retired)

Fr Senan Ward, OSA E [senanward@bigpond.com](mailto:senanward@bigpond.com) (Chaplain, St. Augustine's College, Brookvale)



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## WATERMARX X GRAPHICS

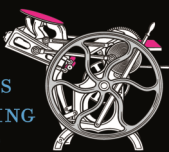
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Brian Hamer  
Michelle Gibson

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## LORIS FILACURIDI

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St Cecilia's Catholic  
Primary School



Principal: Ms Louise O'Brien

59 Seaview St, Balgowlah  
02 7256 2136

[scb@dbb.catholic.edu.au](mailto:scb@dbb.catholic.edu.au)  
[www.scbdbb.catholic.edu.au](http://www.scbdbb.catholic.edu.au)

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For St Paul's Catholic College, Manly

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St Kieran's Catholic  
Primary School



Principal: Ms Anna Marsella

63 Gordon St, Manly Vale  
02 7256 2131

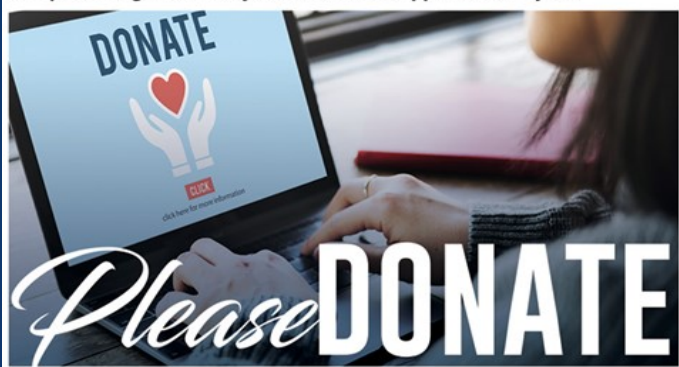
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[www.skmvdbb.catholic.edu.au](http://www.skmvdbb.catholic.edu.au)

CATHOLIC SCHOOLS BROKEN BAY  
Co-educational Pathways

Catholic Feeder School  
For St Paul's Catholic College, Manly

### PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support. Thank you!



Support the Parish by signing up to contribute online.  
Setting up a one-time or recurring donation is quick and easy.

Visit: [www.bbcatholic.org.au/north-harbour/giving](http://www.bbcatholic.org.au/north-harbour/giving)  
or thru bank transfer:

**FIRST COLLECTION: For the Augustinian Clergy (Priory)**

Account Name: St. Kieran's Priory  
Bank: CBA BSB: 062 784 Account Number: 100 005 010

**SECOND COLLECITON: For the Parish**

Account Name: Catholic Community of North Harbour  
Bank: CBA BSB: 062 784 Account Number: 100 007 957

If you like to contribute by credit card, please email Jacky,  
[parishmanager@northharbourcatholic.org.au](mailto:parishmanager@northharbourcatholic.org.au).  
Thank you so much for your support!